

Promoted for and on behalf of Cycling Time Trials under its rules and regulations



THE EAST ANGLIAN VTТА

Are proud to present the start sheet for

***** 'THE LEO 30' - SOLO & TANDEM TT *****
The Alan Rochford & Val Hester memorial
Incorporating the National VTТА championships

COURSE E33/30 – SATURDAY 11th May 2024 – STARTS AT 14:03

Course Description: START (GR TL591587) on A1304 100ft before first triangular two-way traffic sign at northern end of Dual carriageway section which is 1.1 mile north of Six Mile Bottom Cross Roads. Proceed N on A1304 to the Stetchworth roundabout, take first exit, (SP Cambridge A14/Bottisham A1303) Follow A1303 over A14 to Dunsley Corner where turn sharp left into Little Willbraham Road (Great Care) follow lane to Six Mile Bottom cross roads where LEFT (Give Way) onto A1304. Continue to complete first circuit. (12.76m). Repeat circuit than continue to the Stetchworth roundabout where TURN and retrace on A1304 (fifth exit) to FINISH Opposite start.

NOTES TO RIDERS - The following local regulations must be adhered to: -

1. **NO 'U' TURNS** are allowed within sight of the start or finish area. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by London East CTT district committee.
2. **Numbers will be situated at the HQ sign in before and sign out after you have finished, numbers can be exchanged for a free drink at the HQ with the ladies from the Isabel Hospice.**
3. **No warming-up by competitors is allowed along any part of the course once the event has started, though you can ride to the start, which is just over a mile from Six Mile Bottom, but be aware that people will be racing past you, so take care.**
4. **Please do not congregate at the start area, riders will be racing past.**
5. **Riders must wear an approved helmet & have working front & rear lights.**

Timekeepers: Tim & Wally Groves

Event Secretary: John Golder

19 Old Silk Mill, Glemsford, Sudbury, Suffolk, CO10 7FX

Email: jgolder66@outlook.com Mobile: 07709 328113

National VTTA championship awards

Open National Championship Awards

1st on AAT/D: National Men's Champion title, Gold Medal and Championship Jersey

2nd on AAT/D: Silver Medal

3rd on AAT/D: Bronze Medal

Women's National Championship Awards

1st Woman AAT/D: National Women's Champion title, Gold Medal and Championship Jersey

2nd Woman on AAT/D: Silver Medal

3rd Woman on AAT/D: Bronze Medal

Team National Championship Awards

Club teams must consist of three first claim members of the same club and Group teams must consist of three members of the same Group. In each case, the team with the best aggregate AAT/D shall be the Championship Team and a medal will be awarded to each member of the team.

Tandem National Championship Award

The pair with the best AAT/D will be the Tandem Champions and will receive gold medals.

Trophy for 30 mile National Championships

1st on AAT/D overall: Fred Thorpe Trophy

Eligibility

To be eligible for Championship awards, riders must be paid-up VTTA members at the closing date for entries and have linked their online VTTA and CTT accounts (so their membership can be automatically verified). Riders who are aged 39, but who will be aged 40 by the day of the Championship, may apply to the Championship organiser to be included on condition that they will have completed an online membership application prior to the day of the championship which the organiser can check.

The Geoge Hicks Shield will be awarded to the fastest rider.

**The H.F.Nevill 30 mile cup will be awarded to the best
East Anglian Group member on AAT**

Tandems

Nr	Name		Bike	Club	Class	Age	Group	Start Time
3	David	Cheshire	RB	Newmarket Cycling & Triathlon Club	Open	49		14:03
	Rob	Boyle			Open	46		
5	Shaun	Williams	RB	Abellio - SFA Racing Team	Open	59		14:05
	Anthony	Bell		San Fairy Ann CC	Open	55		

Solo's

Nr	Name		Bike	Club	Class	Age	Group	Start Time
7	Deborah	Coyle	RB	Shaftesbury CC	Female	48		14:07
8	Patrick	Claridge	RB	Chelmer CC	Open	60	East Anglia	14:08
9	David	Webster	RB	Velouse Flyers	Open	56	East Anglia	14:09
10	Paulina	Mozal	RB	Chelmer CC	Female	38		14:10
11	Drew	Sheffield	RB	FTP (Fulfil The Potential) Race Team	Open	42		14:11
12	Michael	Stimson	RB	Shaftesbury CC	Open	35		14:12
13	Helen	Roby	RB	RIDE REVOLUTION COACHING	Female	57	L&HC	14:13
14	Robert	Golding	RB	Ely & District CC/B&T Motor Repairs	Open	50		14:14
15	Paul	Wyatt	TT	Shaftesbury CC	Open	51	East Anglia	14:15
16	John J	Murphy	TT	Gloucester City Cycling Club	Open	84	West	14:16
17	Bob	Brabbins	TT	VTTA West Group	Open	81	West	14:17
18	Robert	Danson	TT	Barton Wheelers Cycling Club	Open	66	East Midlands	14:18
19	Sue	Chittock	TT	Ipswich BC	Female	55	East Anglia	14:19
20	Harriet	Orridge	TT	Bicester Millennium CC	Female	51	L&HC	14:20
21	Colin	Doe	TT	Ford CC	Open	67		14:21
22	Chris	Smith	TT	Essex Roads CC	Open	51		14:22
23	John	Lacey	TT	Hemel Hempstead CC	Open	60	L&HC	14:23
24	Dawn	Donaldson	TT	St Neots CC	Female	50	East Anglia	14:24
25	Wayne	Hill	TT	Bourne Wheelers	Open	57	East Anglia	14:25
26	Patrick	Ellerbeck	TT	St Neots CC	Open	69	East Anglia	14:26
27	Robert	Speers	TT	Newmarket Cycling & Triathlon Club	Open	46	East Anglia	14:27
28	Sally	Maitland	TT	Ratae RC	Female	56		14:28
29	Wayne	Marks	TT	Microsoft UK	Open	53		14:29
30	Ian	Pike	TT	Lincoln Wheelers CC	Open	56		14:30
31	Karen	Aylen	TT	Maldon & District CC	Female	53		14:31
32	Theresa	Taylor	TT	Springfield Financial Racing Team	Female	64	North Lancs/Lakes	14:32
33	Paul	Wright	TT	Army Cycling	Open	56	East Anglia	14:33
34	Geoff	Bores	TT	Ford CC	Open	69		14:34
35	David	Gill	TT	Diss & District CC	Open	61		14:35
36	Jen	Clegg	TT	Team Bottrill	Female	70	East Midlands	14:36
37	Nick	Hickman	TT	Bedfordshire Road CC	Open	57	East Anglia	14:37
39	Sarah	Kelman	TT	St Ives CC	Female	53	East Anglia	14:39
40	Miriam	Taylor-Carter	TT	Bedfordshire Road RT	Female	51	East Anglia	14:40
41	Philip	Hodey	TT	Shaftesbury CC	Open	51		14:41
42	Steve	Cornish	TT	St Ives CC	Open	68	East Anglia	14:42
43	Robert	Royston	TT	Sydenham Whs	Open	69	Kent	14:43
44	Robert	Gilmour	TT	Hounslow & District Whs	Open	72	L&HC	14:44
45	Andrew	Gibson	TT	Gravesend CC	Open	55	Kent	14:45

Nr	Name		Bike	Club	Class	Age	Group	Start Time
46	Peter	Tibbitts	TT	Ford CC	Open	72	East Anglia	14:46
47	Susan	Triplow	TT	CC Sudbury	Female	57	East Anglia	14:47
48	Ferenc	File	TT	Horsham Cycling	Open	38		14:48
49	James	Wood	TT	West Suffolk Wheelers	Open	60	East Anglia	14:49
50	Tim	Fowler	TT	VTTA (London & Home Counties)	Open	58	L&HC	14:50
51	Lee	Sturman	TT	West Suffolk Wheelers	Open	54		14:51
52	Linda	Dewhurst	TT	RIDE REVOLUTION COACHING	Female	65	L&HC	14:52
53	Stephen	Murphy	TT	Shaftesbury CC	Open	68	East Anglia	14:53
54	Chris	Dyason	TT	Cambridge CC	Open	76	East Anglia	14:54
55	Debbie	Bradley	TT	Peddlamaniacs Cycle Club	Female	50	Midlands	14:55
56	Ramsey	Kechacha	TT	Shaftesbury CC	Open	32		14:56
57	Matthew	Cook	TT	Bedfordshire Road RT	Open	53	East Anglia	14:57
58	Paul	Robinson	TT	Stone Wheelers CC	Open	60	Manchester & NW	14:58
59	Philip	Jones	TT	Peterborough CC	Open	65	East Anglia	14:59
60	Paul	Looke	TT	Shaftesbury CC	Open	57	East Anglia	15:00
61	Susan	Semple	TT	Legato Racing Team (LRT)	Female	58	Midlands	15:01
62	Sean	Quinn	TT	Law Wheelers	Open	51	Scotland	15:02
63	Deborah	Moss	TT	Springfield Financial Racing Team	Female	54	North Lancs/Lakes	15:03
64	Mick	Stevens	TT	Melton Olympic CC	Open	74	East Midlands	15:04
65	Adrian	Gower	TT	Hitchin Nomads CC	Open	61	East Anglia	15:05
66	Tim	Baggs	TT	Sherwood CC	Open	54	East Midlands	15:06
67	Scott	Beard	TT	Shaftesbury CC	Open	50	East Anglia	15:07
68	Jez	Willows	TT	Sherwood CC	Open	58	East Midlands	15:08
69	Alastair	Semple	TT	Legato Racing Team (LRT)	Open	56	Midlands	15:09
70	George	Thorne	TT	Worcester St. Johns CC	Open	33		15:10
71	Ian	Cardy	TT	Chelmer CC	Open	60	East Anglia	15:11
72	Simon	Dighton	TT	Beacon Roads CC	Open	60	Midlands	15:12
73	Andrew	Wenham	TT	Shaftesbury CC	Open	48		15:13
74	John	Manlow	TT	Ely & District CC/B&T Motor Repairs	Open	55	East Anglia	15:14
75	Simon	Horsley	TT	Legato Racing Team (LRT)	Open	59	North Lancs/Lakes	15:15
76	Robert	Watson	TT	Cambridge CC	Open	63	East Anglia	15:16
77	Graeme	Garner	TT	Team Vision Racing - Silverhook	Open	45		15:17
78	Wolfgang	Emmerich	TT	Team Bottrill	Open	58	L&HC	15:18
79	Joseph	Costello	TT	Legato Racing Team (LRT)	Open	65	Midlands	15:19
80	Glenn	Taylor	TT	Shorter Rochford RT	Open	56	East Anglia	15:20
81	Matt	Donovan	TT	Bedfordshire Road RT	Open	41	East Anglia	15:21
82	Paul	Turton	TT	Team Vision Racing - Silverhook	Open	52	East Anglia	15:22
83	Mark	Redwood	TT	Velo Club Long Eaton	Open	50		15:23
84	Steven	Cottingham	TT	Bath Cycling Club	Open	62	West	15:24
85	Nicholas	Knight	TT	Hart Performance Coaching	Open	49		15:25
86	Andrew	Simpkins	TT	Team Echelon	Open	70	Midlands	15:26
87	Keith	Dorling	TT	Team Bottrill	Open	65	East Anglia	15:27
88	Peter	Harding	TT	Chelmer CC	Open	43		15:28
89	Mark	Hamer	TT	Legato Racing Team (LRT)	Open	49	Midlands	15:29
91	David	Harding	TT	Chelmer CC	Open	43		15:31
92	Darran	Bennett	TT	Ely & District CC/B&T Motor Repairs	Open	54	East Anglia	15:32
93	Hayley	Simmonds	TT	Doltcini O'Shea Cycle Division	Female	35		15:33
94	Rob	Young	TT	Shaftesbury CC	Open	50		15:34
95	Simon	Smart	TT	DRAG2ZERO	Open	55	Midlands	15:35
96	Sam	Mcdonald	TT	St Neots CC	Open	34		15:36

Nr	Name	Bike	Club	Class	Age	Group	Start Time
97	Paul	Pardoe	TT	Peterborough CC	Open	43	East Anglia
98	Leon	Atkins	TT	258 Protege	Open	15	
99	Matthew	Smith	TT	DRAG2ZERO	Open	46	East Anglia
100	Jack	Levick	TT	Rose Race Team	Open	27	

HQ – Memorial Hall, Fulbourne Centre, CB21 5BS

The HQ is approx. 6.5 miles from the start, please allow adequate time to get there, there is plenty of parking spaces at the HQ, there is also plenty of parking in ‘turbo alley’ that runs parallel to the A11 on the outskirts of Six Mile Bottom.

